

BOWL FOOD MENU

Main Dishes

Tiger Prawn Green Curry, Jasmine Rice & Aubergine
Lamb Shank Lasagne
Hampshire Beef Bourguignon, Smoked Bacon & Creamed Potato
Chicken, White Bean & Chorizo Cassoulet
Spiced Lamb Meatballs & Smoked Aubergine Purée
Wilds Fish Pie (Test Trout, Smoked Haddock, Tiger Prawns & Peas)
Pork & Hampshire Watercress Sausage, Mash & Onion Gravy
Cep Macaroni, Aged Parmesan & Truffle
Crispy Duck, Hoi Sin, Asian Slaw, Mango, Pomegranate & Coriander
Hampshire Beef Chilli Con Carne, Avocado Mousse & Wonton Crisp
Chickpea Madras, Courgette, Coriander & Coconut

Dessert Shots

Bitter Chocolate, Coffee & Hazelnut
Lemon Posset & Strawberry Puree
'Rhubarb & Custard'
Eton Mess
Tiramisu



ALLERGENS

Main Dishes

Tiger Prawn Green Curry, Jasmine Rice & Aubergine (Cr,Sd,So)
Lamb Shank Lasagne (D,Mi,G,E,Ce,Sd,MU)
Hampshire Beef Bourguignon, Smoked Bacon & Creamed Potato (D,Mi,Ce,Mu,Sd)
Chicken, White Bean & Chorizo Cassoulet(D,Mi,Sd,Mu,Ce)
Spiced Lamb Meatballs & Smoked Aubergine Purée (Sd,D,Mi,G,E,Ce,Mu)
Wilds Fish Pie (Test Trout, Smoked Haddock, Tiger Prawns & Peas) (G,D,Mi,Mu,F,Cr,Ce)
Pork & Hampshire Watercress Sausage, Mash & Onion Gravy (D,Mi,E,G,Ce,Sd)
Cep Macaroni, Aged Parmesan & Truffle (D,Mi,G,E,Ce,Sd)
Crispy Duck, Hoi Sin, Asian Slaw, Mango, Pomegranate & Coriander (So,G,E,Sd,Se)
Hampshire Beef Chilli Con Carne, Avocado Mousse & Wonton Crisp (D,Mi,Sd,Ce,G,E)
Chickpea Madras, Courgette, Coriander & Coconut (Sd)

Dessert Shots

Bitter Chocolate, Coffee & Hazelnut (D,Mi,E,N,G)
Lemon Posset & Strawberry Puree (D,Mi,G)
'Rhubarb & Custard' (D,Mi,E,Sd,G)
Eton Mess (Sd,D,Mi,E)
Tiramisu (G,D,Mi,E,Sd)

ALLERGENS KEY

Sulphur Dioxide - **SD**

Dairy - **D**

Milk - **Mi**

Egg - **E**

Celery - **Ce**

Mustard - **Mu**

Nuts - **N**

Peanuts - **P**

Soya - **SO**

Crustaceans - **CR**

Molluscs - **MO**

Sesame - **Se**

Fish - **F**

Lupin - **L**

Gluten - **G**